

# Volleyball - Indoor

## Indoor Volleyball

**When:**

Monday Evenings

**Where:**

Sexsmith Elementary School at 59th Avenue and Columbia Street. parking is behind the new school.

**Time:**

8:00 pm - 10:00 pm

**Cost:**

\$7.00 members, \$9.00 guests

**Contact:**

Mark, [mondayvolleyball@insideedgeclub.bc.ca](mailto:mondayvolleyball@insideedgeclub.bc.ca)

If you've thought about coming out to volleyball, but were afraid that your skills are rusty, please don't hesitate to join us. The emphasis at IE volleyball is on fun, but you'll be amazed how quickly you relearn how to bump and set.

No need to preregister as teams are created randomly as people arrive, and there is always a good mix of beginners and experienced players &mdash; some are new to the Club and others are volleyball diehards. We make sure that each team has a mixture of beginners and volleyball diehards, creating a low pressure environment for people to practice new skills.